

NORTHERN LAKES CONFERENCE



CONSTITUTION

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**ARTICLE I
NAME**

This organization will be known as the Northern Lakes Conference (NLC).

**ARTICLE II
PURPOSE**

The purpose is to promote co-curricular activities and to foster friendly rivalry and better understanding between conference schools.

**ARTICLE III
OPERATION**

Section 1 – Constitution & By-Laws

The Constitution and the By-Laws constitute the framework under which the NLC will operate.

Section 2 – Recommended Changes in Constitution & By-Laws

The NLC Secretary will send to all member schools five (5) copies for the principals, athletic directors, and one (1) copy to the NLC Commissioner, the recommendations for changes in the Constitution and By-Laws, minutes of conference meetings, and other reports deemed necessary as they arise.

Section 3 – Action on Recommended Changes in Constitution & By-Laws

Within sixty (60) days following the regular conference meetings, the NLC Administrators will take action on the recommendations involving Constitutional and By-Laws changes.

Section 4 – Copies of Constitution

The NLC Secretary will provide in writing to all member schools five (5) copies for the principals, athletic directors, coaches, and one (1) copy to the NLC Commissioner, of all approved changes in the Constitution and By-Laws.

**ARTICLE IV
MEMBERSHIP**

Section 1 - Members

Membership in the NLC will consist of the following schools: Crandon, Elcho, Florence, Goodman, Laona, Menominee Indian & Niagara (football only), Pembine, Phelps, Three Lakes, Wabeno, and White Lake. Suring, Crivitz, and Niagara will also be included for Football only.

Section 2 – Changes in Membership

Additional schools may be elected to membership in the NLC upon an affirmative vote of at least two-thirds (2/3) of the member schools. However, realignment by the WIAA will have precedence.

Section 3 - Dues

The NLC School Administrators will determine the dues on an annual basis. Member schools will be assessed at the fall meeting at a rate of \$1,000 per year. Schools participating at forty-nine percent (49) or less pay one-half (½) dues.

ARTICLE V
OFFICERS AND DUTIES OF THE EXECUTIVE COMMITTEE

Section 1 - Officers

- 1) The officers will be and will consist of a president, vice president, and secretary/treasurer.
- 2) This group will constitute the Executive Committee and will deal with all matters of common interest to the NLC.

Section 2 – Duties

- 1) The president will preside at all NLC Administrators' and Executive Committee meetings.
- 2) The vice president will act in the absence of the president.
- 3) The secretary/treasurer will keep the minutes of all meetings, attend to all correspondence for the Executive Committee, pay all bills upon written or verbal approval, and account for all NLC funds.

Section 3 – Duties of the Executive Committee

- 1) The Executive Committee may make recommendations to the member schools relative to its settlement of any dispute that may arise within or not within the framework of the NLC Constitution and By-Laws. In cases wherein a member of the Executive Committee is associated with a school involved in a dispute, an alternate will be elected by the remaining member schools to serve in that member's stead.
- 2) Any Executive Committee action may be appealed to the entire membership upon request of any member school. Executive Committee action may be changed by a majority vote of the member schools.

Section 4 – Meetings

The NLC Administrators will meet on a bi-monthly basis during opposite months from the NLC School Board Association meetings; the second Thursday of the month corresponding to the CESA PAC meetings. Special meetings may be called and changes in the dates of regular meetings may be made by the Executive Committee or the president.

Section 5: Function of the Meetings

- 1) To coordinate and control interschool competition (athletic and cooperative activities and other extra curricular activities).
- 2) To consider and act upon recommended constitutional changes.
- 3) To work for solutions to common school problems.
- 4) To evaluate annually the services rendered by the NLC Commissioner and to be responsible for any decisions regarding the NLC Commissioner's contract.
- 5) To maintain an up-to-date constitution including any duly approved changes.

ARTICLE VI
OFFICERS AND DUTIES OF THE ATHLETIC COMMISSION

Section 1 – Athletic Commission

The NLC Athletic Commission (Commission) will consist of the NLC Athletic Directors and the NLC Commissioner who will not vote, but will be the liaison officer between the Commission and the NLC Administrators.

Section 2 – Commission Responsibilities

The Commission will have the responsibility to formulate interscholastic athletic schedules. Suggestions may be given by the individuals of these groups to receive consideration prior to the Commission’s finalization of schedules. These schedules will be presented to the NLC Administrators for final approval.

Section 3 – Commission Officers

The Commission will elect from within its own membership a president, vice president, and a secretary, who will submit the minutes to the NLC Commissioner and the NLC Secretary.

Section 4 – Commission Meetings

Meetings of the Commission will be called by the president or NLC Commissioner as deemed necessary.

**ARTICLE VII
DUTIES OF THE NLC COMMISSIONER**

Section 1 – Attend Meetings

The NLC Commissioner is expected to attend a minimum of three (3) NLC Administrators’ meetings per year and all scheduled athletic directors’ meetings.

Section 2 – Develop Schedules

The NLC Commissioner will be responsible for initiating, coordinating, and developing all schedules in all NLC-sponsored sports. Prior to meeting with the NLC Commissioner, the athletic directors should consult principals and coaches for input concerning schedules. Presently the NLC sponsors the following sports:

GIRLS

Volleyball
Basketball
Softball
Wrestling (Co-ed)
Golf (Co-ed)
Cross Country
Track & Field

BOYS

Football
Basketball
Baseball
Wrestling (Co-ed)
Golf (Co-ed)
Cross Country
Track & Field

Section 3 – Hire Officials

The NLC Commissioner will be responsible for the procurement and hiring of competent registered officials for all conference varsity sports, with the exception of baseball and softball. Coaches may submit a list of officials they prefer or those they do not want.

Section 4 – Coordinate All-Conference Selections

The NLC Commissioner will coordinate the coaches’ all-conference selections and will be responsible for all press releases of the same at the end of each season.

Section 5 – Compile and Record Individual and Team Records and Statistics

The NLC Commissioner will compile and record NLC individual and team records and statistics as submitted correctly to the NLC Commissioner by the school’s athletic director or designated coach.

Section 6 – Recommend Officials Fees

The NLC Commissioner is responsible for recommending officials’ fees for the subsequent year. Varsity officials will be paid:
\$75 each for football
\$80 for basketball

Northern Lakes Constitution

\$100 each for volleyball matches

\$125 for volleyball quads

\$80 for baseball

\$70 for softball

\$70 for wrestling

\$80 for cross country

\$90 for track

For double header SB or BB, officials will be paid for two games.

See Appendix A for additional officials fees listed by sport and by school.

Section 7 – Process Grievances

The NLC Commissioner will process grievances between schools involving the general conduct at athletic events and as submitted by the principal or athletic director of one (1) of the schools involved and present the same to the NLC Administrators for final action. The NLC Commissioner will also resolve schedule conflicts and any special situations which may develop during the course of the year, and will submit same to the NLC Administrators if they cannot be resolved.

Section 8 – Report Scores

The home school will call the scores to the various news media immediately after every home contest and each school will provide the NLC Commissioner with all appropriate scores and statistics. All schools will report scores on Wissports for all applicable sports.

Section 9 – Record Rosters

All schools will post team rosters onto rSchool. This will allow rosters to be easily accessible to other schools.

Section 10 – Report to NLC Administrators

The NLC Commissioner will develop an annual report of conference varsity activities on or before July 15 for the preceding year which will include, but not be limited to, conference champs for each sport, special recognitions, etc.

Section 11 – Other Duties

Other such reasonable duties as determined by the Commission and/or the NLC Administrators.

Section 12 – Salary & Expenses

- 1) The annual salary and expense reimbursement of the NLC Commissioner will be set and approved by the NLC Administrators. Travel expense will be at the federal mileage rate per mile. NLC Commissioner will seek approval to attend any meetings and/or conferences from the Administrators prior to the event.
- 2) These accounts will be shared by all NLC member schools. The salary will be paid annually at the beginning of June each year by the secretary/treasurer of the NLC. All necessary travel outside the boundaries of the NLC will receive prior approval of the Executive Committee.

ARTICLE VIII CONSTITUTION

Section 1 – Changes in the Constitution Will Be Made:

- 1) By an affirmative vote of two-thirds (2/3) of the NLC Administrators.
- 2) Any proposed changes will be submitted in writing at a regularly scheduled meeting and voted upon at the next regularly scheduled meeting.

ARTICLE IX BY-LAWS

Section 1 – Changes in By-Laws Will Be Made:

- 1) By an affirmative vote of the NLC Administrators of the conference.
- 2) The NLC Administrators of each school will be notified by the NLC Secretary of any proposed change or changes in writing at least one (1) week before the meeting date.
- 3) An absentee vote will be accepted only by notification in writing or by a telephone call to the NLC Secretary prior to the next regularly scheduled meeting. The vote must be cast by the NLC Administrator or official designee.

Section 2 – Conference-Recognized Activity

No activity will be considered a conference activity unless participated in by a simple majority of the member schools.

Section 3 – Dropping & Adding Sports

- 1) When schools decide to drop a varsity sport, they must notify the conference. Within sixty (60) days of that notice they must again notify the conference of their commitment to participate the following year, or they forfeit the second year of participation.
- 2) The school dropping a sport must pay for any and all contracted WIAA officials hired by the NLC Commissioner if officials are not able to be reassigned for that date. If officials are able to be reassigned for the canceled dates, then the school dropping a sport is not obligated to pay for those fees.
- 3) The school that drops a sport will notify all officials concerned, both home and away. The first notification should be to the NLC Commissioner.
- 4) Schedules are to be made out a minimum of nine (9) months in advance with the same schools scheduled as had participated the previous year unless notification is made to the NLC Commissioner to drop or add a team.
- 5) To be rescheduled as a conference team, the school must notify the NLC Commissioner in writing ten (10) months in advance of the sport starting date as determined by the WIAA.

Section 4 – Schedule Changes

In the event that any NLC varsity athletic contest is changed from the adopted NLC schedule:

- 1) The NLC Commissioner will be notified.
- 2) The officials will be notified.
- 3) If conflict arises, it will be brought before the NLC Commissioner for a decision.
- 4) This decision is subject to appeal to the NLC Administrators.

Section 5 - Cancellation of Games

Scheduled games may be cancelled by mutual agreement of competing schools if an epidemic or serious illness in either community makes such action necessary, or playing conditions are such that it is clearly inadvisable to play the contest. If the cancellation is by unilateral action with a disagreement as to the necessity for cancellation, the team willing to play will receive the credit for a win, subject to confirmation or reversal by the Commission. The Commission's decision is subject to appeal to the NLC Administrators.

Section 6 – Ticket Prices

Conference ticket prices are set at \$3.00 for adults; \$2.00 for students. Students from visiting schools will be admitted at student prices providing they arrive on a student bus or with their parents; if not, they will be charged adult admission. **(March 5, 2001)**

Section 7- Conference Passes

The NLC Secretary will issue thirty (30) courtesy passes to each member school for all conference contests. These passes should be mailed to the administrator or principal of each school. These passes are to be used at the discretion of each school. Any press or radio outside the conference will be issued passes by the NLC Commissioner or school nearest to same. All others not in possession of a pass will pay the regular admission except as provided by the By-Laws. Cheerleaders will be admitted free of charge only if in uniform. Bus drivers must have passes when driving a bus to a contest. **(September 26, 2002)**

Section 8 – Conference Trophies & Championships

- 1) Conference trophies will be standardized for all sports and will be purchased by the NLC.
- 2) Conference championships and/or co-championships will be declared in conference-approved athletic activities. These championships will be based on standards established for each sport and all champions and co-champions will be awarded trophies

Section 9 – All-Conference Selections and Player of the Year Selections

- A. All-conference selections will be determined by a vote in all athletic activities except Cross Country, Wrestling, Golf, and Track. For those sports, the all-conference selections will be based on their respective conference tournament results. Track has a specific set of criteria that is outlined in Appendix C of this document.
- 1) Coaches are to send in nominations, including stats and a rationale statement, no later than 3 days before the All-Conference Selection meeting which will take place at the conclusion of the season. The meeting date will be selected by the NLC Commissioner. The nomination and voting process will be as follows:
 - a) Head coaches will nominate players from their own squad for all-conference balloting.
 - b) The Commissioner shall submit the all-conference nominees to the involved coaches no later than one day prior to the end of season All-Conference meeting.
 - c) Any athlete who is suspended for any non-academic athletic code violation from the start of the WIAA season through the All-Conference selection date shall be ineligible for an all-conference award during the season(s) the suspension was served.
 - d) Each head coach, or his/her designee, will vote for the all-conference selection teams. A head coach may not vote for his/her players. Head coaches will vote for first team players by assigning them 3 points and second-team players by assigning them 1 point unless the head coaches have selected an alternative voting method that is mutually agreed upon.
 - 2) All-conference teams will be limited to first team, second team, and honorable mention. The players with the highest point totals will make up the first team, the players with the next highest point totals will make up

the second team, and the players with the next highest point totals will make up the honorable mention team.

- 3) The All-conference teams will consist of the following number of players per sport.

SPORT	FIRST TEAM	SECOND TEAM	HONORABLE MENTION
Volleyball	6	6	6
Cross Country	7B, 7G	7B, 7G	0
Basketball (Girls)	5	5	5
Basketball (Boys)	5	5	5
Wrestling	14	14	0
Baseball	9	9	9
Softball	9	9	9
Golf	5	5	0
Track	10 B, 10 G	0	0

- 4.) Coaches are to keep confidential the all-conference team selections until the Commissioner submits the news release to the media. This will be released once the final team in the conference has completed their tournament play in their respective sports.
- 5.) The NLC Commissioner will be responsible for the tallying of all-conference selections. The NLC Commissioner will attend the coaches' meetings when selections are finalized, and will be responsible for the press release of all-conference teams. Separate releases will be sent by the NLC Commissioner to the appropriate news media. The NLC Commissioner will be responsible for sending all-conference certificates and medals to member schools.
- 6.) No resumes or statistical information will be prepared or sent to other NLC schools by a coach to promote the candidacy of the school's all-conference nominees.

B.) Player of the Year Selections

- 1) Each coach may nominate one individual for Player of the Year, and the coach must submit a resume on that individual. Coaches will announce their nominees at the conclusion of the all-conference selection meeting. At that time, they will share their nominees resume and stats with other coaches.
- 2) Only athletes who are first team all-conference members or are a medal winner are eligible.
- 3) A rating scale is to be used based on the number of athletes nominated. Points will be awarded based on the number of nominations with every athlete receiving a vote.
- 4) Head coaches will award points to their own athletes for this award.
- 5) The athlete receiving the most points will be deemed the Player of the Year for that sport.
- 6) In the event of a tie, there will be Co-Players of the Year.
- 7) For Cross Country, Wrestling, Golf and Track, coaches will meet after their conference tournaments to determine the Player of the Year in their respective sport using the same format as outlined above.
- 8) Players of the Year shall receive a plaque from the conference to acknowledge their accomplishment.

Section 10 – Scorers & Timers

Faculty members or competent adults will be responsible for the scoring and timing at the host school varsity and JV contests when possible. Under special circumstances or emergency situations, individual schools may utilize other competent scorers and timers approved by administration.

Section 11 - WIAA Rules

WIAA rules and regulations will be followed by the NLC.

Section 12 – Game Tapes

NLC Schools will not share game tapes with non-conference schools for scouting purposes. **(November 5, 2003)**

Section 13 – NLC Correspondence

All correspondence involving NLC athletic business will be directed to the appropriate school office from the NLC Commissioner. Copies of significant correspondence will be forwarded to the athletic directors and administrators of each member school.

Section 14 – Scholar Athlete Award

The NLC Scholar Athlete Award will be coordinated by the NLC Commissioner in accordance with the guidelines adopted by the conference. A copy of the guidelines and application form is attached to this document.

Section 15 –Academic All-Conference Award

The NLC Academic All-Conference Award will be given to all athletes in any sport which they successfully complete, and they

- 1) Earn a 2nd varsity letter in that sport.
- 2) Maintain a 3.50 GPA. or greater during the sport season for which the award is given.
- 3) Have no athletic code violations during that sports season

Section 16 – All-Conference Eligibility - Athletic Code Violations

No athletes or activity participants will be considered for all-conference selection in any sports season if they have been involved in an athletic policy violation involving alcohol, controlled substances, tobacco, theft, or vandalism that required discipline during that sport season. **(May 30, 1996) Revised: (September 10, 1996)** If a violation takes place outside of season parameters or if an athlete is not currently participating within a season, they suspension shall be implemented in the next sports season.

Honesty Clause

Any student who brings it to the attention of the Activities Director/Principal or acknowledges a violation of this code in writing shall be suspended for one event or game only and as to any other activities they are involved in, shall incur a reduced penalty. This notification needs to take place within 48 hours of the incident and must be acknowledged before any investigation begins into the incident. If it is beyond these parameters, the student does not have ability to qualify for this clause. Additionally, the ability to acknowledge a violation shall be available to any student once only during their high school career.

Section 17 – Academic Eligibility

A student-athlete must meet school and DPI requirements defining a full-time student and have received no more than one failing grade (including incompletes) in the most recent school issued grade reporting period. Note: Some member schools adopt code and academic policies and other participation requirements which are more stringent than WIAA minimum

requirements. In those instances the schools requirements prevail and must be applied as written.

Section 18 --Game Balls

Home schools will provide game balls for all sports except golf. Home schools will also provide warm-up balls for basketball and volleyball.

ARTICLE X SPORTS

Section 1 - Football

- 1) The starting time for varsity football games will be 1:00 pm for day games and 7:00 pm for night games. Games played on the last Thursday of the regular season will start at 6:00 pm. Freshmen and JV games will be scheduled by schools having teams. It is not the responsibility of the Commissioner to schedule freshmen and JV football games.
- 2) See the attached football constitution for details on amount of games played and how conference championship is determined (Appendix B).
- 3) The home team is to wear dark jerseys unless it is mutually agreed otherwise by participating schools.
- 4) Game officials are to be paid the going rate per official. Five (5)-person football crews will be hired to officiate conference football games. **(November 4, 1998)**
- 5) The home school is to provide three (3) reliable persons to work on the chain and down box at football varsity games. These persons are to be provided with some distinctive apparel for identification.
- 6) Photographers will not be permitted between the thirty (30) yard line markers unless permitted by the coach.
- 7) If introduction of players or a prearranged program has been planned, the teams must be off the field fifteen (15) minutes before kickoff. Coaches may make other arrangements by mutual agreement.
- 8) Bands should be allowed twelve (12) minutes for half-time performances; fifteen (15) minutes for Homecoming. Officials, coaches, and teams must be notified of the extension prior to the start of the game
- 9) The MONLP Championship will be determined by the win and loss record.
- 10) All-Conference Selections
Coaches are to send in nominations from their respective teams to be received by the NLC Commissioner at a date established by the NLC Commissioner.
 - a) See the attached Football Constitution for details on the All-Conference selection process (Appendix B).
 - b) Coaches will select a Player of the Year and an Offensive and Defensive Lineman of the Year at the conclusion of the all-conference selections.

Section 2 – Girls Volleyball

- 1) The winner of the NLC volleyball conference championship will be determined by the win and loss record.

- 2) The facilities provided by the host school in conference matches will comply with the rules and regulations as set forth by the WIAA.

Match Format

- 3) JV matches will consist of a 3 game set with each game played to 25 points. All 3 games will be played unless mutually agreed upon to play the best 2 of 3 games. Varsity matches will consist of the best 3 of 5 games. Games 1-4 will be played to 25 points, game 5 to 15 points. Rally scoring will be used and the *Libero Rule* is in effect. **(November, 2004)**
- 4) Designated seating areas for substitutes and coaches will be provided. Players are to remain in their area unless going into the match; and the coaches are to stay in their area unless a time-out is called or it is between games. Players and coaches will change seating areas at the end of each game.
- 5) The referee and umpire will be registered WIAA officials. The fee will be the going rate. Two (2) line judges will be paid at a rate of \$15 each. **(March 2, 1999)**
- 6) The fee for registered officials in multi-team meets will be provided on the basis of the number of matches in which a school participates. The fees paid will be determined by the host school.

Section 3 - Basketball

- 1) JV basketball games will start at 5:45 pm with two (2) 14 minute halves. Game times may be adjusted for up to 16 minutes per half if mutually agreed upon with both schools involved. Dressing rooms are to be available at 5:30 pm. Games are to be completed if they run overtime. Varsity games are to be started at 7:00 pm if the fifteen (15) minute warm-up period permits. Varsity games will consist of two (2) 18 minutes halves. Starting time changes can be made if agreed upon in advance by the principals or athletic directors of the participating schools.
- 2) The NLC will use a round robin schedule for basketball. Each team will play all other conference teams two (2) times each for a total of 14 conference games for boys and girls.
- 3) Home teams will wear white uniforms.
- 4) See Appendix A for details on officials' pay.
- 5) The visiting and home basketball teams will not have more than fifteen (15) varsity players in uniform.

Section 4 - Golf

- 1) The host school will be determined by coaches at their spring meeting. No 9-hole match will start before 4:30 pm. One (1) 18-hole match will be scheduled; all others will be 9-holes. **(May 23, 2000)**
- 2) All-Conference Selections
 - a) Individuals are allowed to miss one 9-hole match. They must golf in the 18-hole match.
 - b) If an individual plays in all 9-hole matches, the golfer will be allowed to throw out the highest score of one match.
 - c) Total strokes will determine the order for first and second team all-conference. Five (5) golfers will be on each team unless there are ties for the fifth position.

Section 5 - Wrestling

- 1) The Conference Champion will be determined by a combination of the winner of the NLC Tourney and dual matches.
- 2) The NLC will provide the trophy for the conference champion and the medals for the 1st team all-conference.
- 3) The school that hosts the conference tournament will provide the trophy for the tournament winner and the 14 medals for the 2nd team all-conference.
- 4) Entry Fee - \$135.00
- 5) Officials' Fees - \$250 each – Two (2) officials (Includes travel allowance)
- 6) Ticket Prices - \$4.00 all day; \$2.00 for children all day
- 7) Host school pays all other costs and keeps all revenue. Host location rotates.
- 8) All-Conference Selections
 - a) NLC wrestling coaches will select the all-conference team at the conference tourney. This will be based on placement at the tourney.
 - b) The 1st team will consist of one all wrestlers receiving a first place medal at the conference tourney in each weight class. The 2nd team will consist of all wrestlers receiving a 2nd place medal at the tourney.

Section 6 - Baseball & Softball

- 1) Afternoon games will begin at 5:00 pm, or as soon as possible thereafter when long distances are involved. Schools may adjust the starting times by mutual consent. **(April 13, 1999)**
- 2) The 10-run rule is in effect for baseball and softball. **(March 20, 2002)**
- 3) Makeup dates for postponed games are to be provided in the schedule. Additional rescheduling will be agreed upon by the schools involved. In case of conflict, the NLC Commissioner will determine a date for playing the game.
- 4) The athletic directors hire two (2) registered WIAA officials per game. One (1) official will be the plate umpire.
- 5) In case of bad weather, a decision on whether the game will be played will be made by 1:00 pm.
- 6) Games may be scheduled for Saturdays; starting times will be mutually agreed upon by the schools involved.
- 7) Beginning with the 2004 season, the schedule for baseball and softball will be a full round-robin format with all teams playing each other two (2) times. **(September 4, 2003)**

Section 7 – Cross Country

- 1) A conference cross country meet will be scheduled to determine the NLC champions in both boys and girls cross country.
- 2) The all-conference teams will consist of the 5 top finishers in both the boys and girls divisions. The host school will rotate between the schools willing to host the meet.

Section 8 – Track & Field

- 1) A points system that utilizes the conference track & field meet results and advancement in the tournament series will determine the NLC all conference champions in both boys and girls track & field. See Appendix C for this outline.
- 2) The all-conference teams will be consist of the 10 top finishers in both the boys and girls divisions The host school will rotate between the schools willing to host the meet.

ARTICLE XI CHEERLEADER GUIDELINES

Section 1 - Crowd Control

The cheerleaders should take part of the responsibility for discouraging such crowd action as the use of noisemakers, booing and starting negative cheers. It is the responsibility of the cheerleaders to request the crowd to stop these actions. If the crowd fails to do so, the cheerleaders should notify the person in charge of the contest, not the coach.

Section 2 - Consideration for the Fans

- 1) Cheerleaders should not remain standing in front of the crowd when not leading a cheer.
- 2) When time “in” and play is going on, cheerleaders should not stand as a group to lead a cheer on the sidelines, thus blocking the vision of many fans.
- 3) WIAA rule states that non-contestants are to stay a minimum of ten (10) feet from wrestling mats. Cheerleaders must respect this regulation. The host school will provide more than ten (10) feet of space between the wrestling mat and the stands. Space provided for visiting cheerleaders should be comparable to that provided for the host cheerleaders.
- 4) Cheerleaders must remain off the playing area except during time–out. Purposes of this requirement are to protect players and cheerleaders from injury, and to avoid interference with the contest.
- 5) Cheerleaders and pom–pon girls are to use non–shedding pom–pons only. They may only be used prior to and during half time of basketball games.

Section 3 - Operation

- 1) Cheerleaders should use discretion in selecting cheers during time–out in order to allow the opposing school to present a cheer.
- 2) The use of megaphones by cheerleaders and fans is prohibited for indoor contests.
- 3) Cheerleaders will not initiate or lead cheers that are derogatory to the opposing team or school.
- 4) Inappropriate music is not allowed to be played at school events. **(May, 1998)**
- 5) NLC schools are to advise students that the use of confetti, artificial noise makers, stomping of feet on bleachers, etc., will not be tolerated by member schools. Violators will be dealt with at the discretion of the individual school.

ARTICLE XII CONFERENCE ATHLETIC CODE

This proposal will *only affect major athletic code violations and the penalties for those violations*. The purpose is to make the penalties for major violations consistent within the NLC.

CODE OF CONDUCT – MAJOR VIOLATIONS

Code of Conduct – Major Violations will apply to each student athlete on a year-round (12 month) basis in all locations including non-school activities.

Violation of the Code will result in penalties, which are consistent with those identified within the Code as determined by the school board and activities/athletic director.

All Code of Conduct – Major Violations will be cumulative beginning with a student's initial participation on a freshman, junior varsity or varsity team.

Each coach also has the prerogative to establish and implement additional conditions specific to his/her particular program.

MAJOR VIOLATIONS

Chemical Health Violation: A chemical health violation includes possession, use, buying, selling, under the influence of and possession of drug paraphernalia. (*Drugs are identified as tobacco, alcohol, illegal drugs, performance enhancing drugs or prescription medications not used as prescribed or intended.*)

PENALTIES FOR CODE OF CONDUCT – MAJOR VIOLATIONS

First Violation: Automatic suspension from the competitive team for **25%** of that competitive season's scheduled contests. If the student athlete receives a violation due to a *Chemical Health Violation*, the student athlete will be required to receive an Alcohol/Drug Assessment/Review by the school guidance counselor.

Second Violation: Automatic suspension from the competitive team for **50%** of that competitive season's scheduled contests. If the student athlete receives a violation due to a *Chemical Health Violation*, the student athlete will be required to receive an Alcohol/Drug Assessment/Review by the school guidance counselor.

Third Violation: Automatic suspension from the competitive team for **one (1) calendar year**. If the student athlete receives a violation due to a *Chemical Health Violation*, the student athlete will be required to receive an Alcohol/Drug Assessment/Review by the school guidance counselor.

Fourth Violation: Automatic suspension from athletic competition for the remainder of his/her high school career.

Note: Each penalty must be served consecutively. If a suspension results in the student missing one or more WIAA tournament competitions, the student will be disqualified for the remainder of the total tournament series in that sport.

APPEALS AND REINSTATEMENT

Appeals and subsequent reinstatement for Code of Conduct – Major Violations will be in accordance with local school district policy.

Note: The penalties outlined above are **minimal penalties** and do not preclude local districts from imposing additional penalties at their discretion.

CONDUCT UNBECOMING AN ATHLETE

The administration in each school district reserves the right to impose a penalty as deemed appropriate to the severity of an infraction unbecoming of a student athlete. Implementation of penalties under this section will be at the discretion of the local school district.

I. ATHLETIC RECOGNITION

Boys – Junior & Senior Year

Athlete may choose only two sports each year.

GIRLS – Junior & Senior Year

Athlete may choose only two sports each year.

Sport	PTS	Sport	PTS
Football		Volleyball	
1 st or 2 nd Team All-Conference	1	1 st or 2 nd Team All-Conference	1
Conference Player of the Year	2	Conference Player of the Year	2
All-District	1	All-District	1
All-State (Honorable Mention)	1	All-State (Honorable Mention)	1
All-State	3	All-State	3
Team Conference Champion	1	Team Conference Champion	1
Team Sectional Participant	1	Team Sectional Participant	1
Team State Participant	2	Team State Participant	2
Team State Champion	3	Team State Champion	3
Basketball		Basketball	
1 st or 2 nd Team All-Conference	1	1 st or 2 nd Team All-Conference	1
Conference Player of the Year	2	Conference Player of the Year	2
All-District	1	All-District	1
All-State (Honorable Mention)	1	All-State (Honorable Mention)	1
All-State	3	All-State	3
Team Conference Champion	1	Team Conference Champion	1
Team Sectional Participant	1	Team Sectional Participant	1
Team State Participant	2	Team State Participant	2
Team State Champion	3	Team State Champion	3
Baseball		Softball	
1 st or 2 nd Team All-Conference	1	1 st or 2 nd Team All-Conference	1
Conference Player of the Year	2	Conference Player of the Year	2
All-District	1	All-District	1
All-State (Honorable Mention)	1	All-State (Honorable Mention)	1
All-State	3	All-State	3
Team Conference Champion	1	Team Conference Champion	1
Team Sectional Participant	1	Team Sectional Participant	1
Team State Participant	2	Team State Participant	2
Team State Champion	3	Team State Champion	3

Cross Country	PTS	Cross Country	PTS
All-Conference	1	All-Conference	1
Conference Player of the Year	2	Conference Player of the Year	2
State Participant	2	State Participant	2
State Champion	3	State Champion	3
Team Conference Champion	1	Team Conference Champion	1
Team Sectional Participant	1	Team Sectional Participant	1
Team State Participant	2	Team State Participant	2
Team State Champion	3	Team State Champion	3
Golf		Golf	
All-Conference	1	All-Conference	1
Conference Player of the Year	2	Conference Player of the Year	2
Sectional Participant	1	Sectional Participant	1
State Participant	1	State Participant	1
State Champion	3	State Champion	3
Team Conference Champion	1	Team Conference Champion	1
Team Sectional Participant	1	Team Sectional Participant	1
Team State Participant	2	Team State Participant	2
Team State Champion	3	Team State Champion	3
Wrestling		Wrestling	
1 st or 2 nd Team All-Conference	1	1 st or 2 nd Team All-Conference	1
Conference Player of the Year	2	Conference Player of the Year	2
Sectional Participant	1	Sectional Participant	1
State Participant	1	State Participant	1
State Champion	3	State Champion	3
Team Conference Champion	1	Team Conference Champion	1
Team Sectional Participant	1	Team Sectional Participant	1
Team State Participant	2	Team State Participant	2
Team State Champion	3	Team State Champion	3
Track		Track	
1 st or 2 nd Team All-Conference	1	1 st or 2 nd Team All-Conference	1
Conference Player of the Year	2	Conference Player of the Year	2
Sectional Participant	1	Sectional Participant	1
State Participant	1	State Participant	1
State Champion	3	State Champion	3
Team Conference Champion	1	Team Conference Champion	1
Team Sectional Participant	1	Team Sectional Participant	1
Team State Participant	2	Team State Participant	2
Team State Champion	3	Team State Champion	3

Soccer	PTS	Soccer	PTS
1 st or 2 nd Team All-Conference	1	1 st or 2 nd Team All-Conference	1
Conference Player of the Year	2	Conference Player of the Year	2
All-District	1	All-District	1
All-State (Honorable Mention)	1	All-State (Honorable Mention)	1
All-State	3	All-State	3
Team Conference Champion	1	Team Conference Champion	1
Team Sectional Participant	1	Team Sectional Participant	1
Team State Participant	2	Team State Participant	2
Team State Champion	3	Team State Champion	3
Hockey		Hockey	
1 st or 2 nd Team All-Conference	1	1 st or 2 nd Team All-Conference	1
Conference Player of the Year	2	Conference Player of the Year	2
All-District	1	All-District	1
All-State (Honorable Mention)	1	All-State (Honorable Mention)	1
All-State	3	All-State	3
Team Conference Champion	1	Team Conference Champion	1
Team Sectional Participant	1	Team Sectional Participant	1
Team State Participant	2	Team State Participant	2
Team State Champion	3	Team State Champion	3

II OTHER SPECIAL RECOGNITION

WIAA Scholar Athlete Recipient	3
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NORTHERN LAKES CONFERENCE SCHOLAR ATHLETE

ATHLETE

MALE OR FEMALE

SCHOOL

ATHLETIC DIRECTOR SIGNATURE

PRINCIPAL SIGNATURE

PARTICIPATION AND AWARDS SUMMARY

4-Year GPA – Adjusted to 4.0 Scale	
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Academic Considerations	POINTS
Points Earned for GPA – Use Table	

Athletic Recognition	POINTS
Points Earned for Athletics – Use Table	
Sport 1: Senior Year	
Athletic Recognition:	
Athletic Recognition:	
Athletic Recognition:	
Sport 2: Senior Year	
Athletic Recognition:	
Athletic Recognition:	
Athletic Recognition:	
Sport 1: Junior Year	
Athletic Recognition:	
Athletic Recognition:	
Athletic Recognition:	
Sport 2: Junior Year	
Athletic Recognition:	
Athletic Recognition:	
Athletic Recognition:	
Other Special Recognition	POINTS
WIAA Scholar Athlete Recipient	
TOTAL POINTS EARNED:	